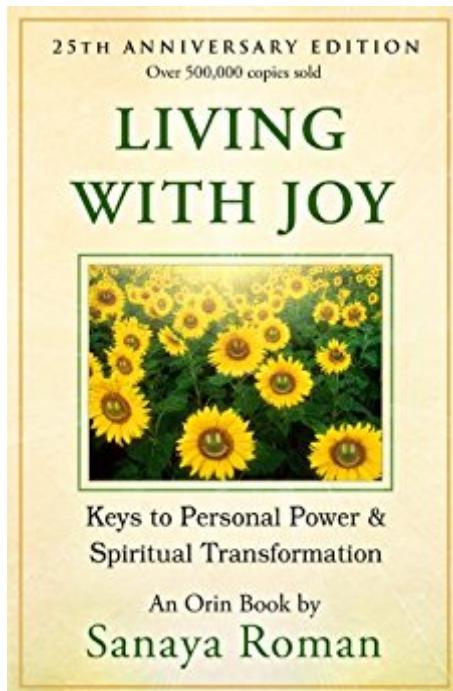


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# Living With Joy: Keys To Personal Power And Spiritual Transformation (Earth Life Series Book 1)



## Synopsis

An Internationally Bestselling Orin BookChannel Sanaya Roman presents Living with Joy, given to her by Orin, a timeless being of love and light. This wise and gentle spirit teacher offers a systematic course in spiritual growth through this book. This Living with Joy revised and updated 25th Anniversary Edition includes: New channeled information Over 300 new Joy Affirmations 18 new Daily Joy Practices for an uplifting day The spiritual truths and transformative meditations and exercises in these pages have opened hundreds of thousands of people to their greater potential. With the guidance of this bestselling classic, you can see immediate results in your life when you learn to: Love and appreciate yourself Open to receive Experience more self-confidence and self-esteem Live in higher purpose Take a quantum leap Change negatives into positives Gain clarity in your relationships Increase your sense of aliveness and well-being You can live a life that fulfills you. You can radiate love; be compassionate and forgiving; feel inner peace; open to receive; take a quantum leap; and live in higher purpose. You can experience more joy as you increase your self-respect, self-esteem, and self-worth; experience more balance, stability, and security; embrace the new; and discover your higher purpose. Sanaya and Orin invite you to choose joy, release struggle, and open to the power of your innermost being. More About This Book: Orin guides you into the art of self-love, where you can accept yourself as you are right now, release guilt, examine how your beliefs about reality create your experience, and open to the love others have for you. Orin discusses the nature and power of love to transform your life. You will look at how to achieve balance, stability and security; gain more clarity; embrace the new; and discover and draw to you your higher purpose. You will discover more about how to create freedom, to value yourself and where you put your time, and believe that what you love to do is your higher purpose. You will connect with the power and love of your soul, your innermost self. Orin guides you to recognize who you are, to develop positive pictures about yourself, and how to bring out the higher wisdom, love, and nature of the true self that lies within you. The images you send out about yourself determine how other people view you and treat you. You will explore the images of yourself that you are holding and broadcasting to others. Orin discusses the value of becoming the authority of what is good for you rather than making other people and their opinions determine your self-worth. In this book Orin talks about how to have more, believe you can create what you want, open to receive even more than you have ever allowed into your life, and discover the power of appreciation, gratitude, and the law of increase. You can stop being affected by the world around you. Orin guides you to feeling more inner peace through connecting with your deeper self, and how to stop being affected by the world and instead to positively affect it with your peace. You can live a life filled with

happiness and aliveness as you follow your path of joy. You can learn to create what you want and take a quantum leap in every area of your life, changing your reality and what you experience. You can live a life doing those things you love to do, feel joyful, and bring joy to everyone around you as you do. You live in a limitless world, and you can expand beyond anything you know. Fill your thoughts with what you want and you will have it. Believe in abundance, trust that the universe is friendly, and sound your soul's note of joy as you read and explore how to live with joy.

## **Book Information**

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## **Customer Reviews**

I read this book several years ago while I was in university and it struck me around that time that in all of my years of studies I had never learned anything truly \*important\* in school. Nothing compared to this, nothing that added meaning or depth to my life, nothing that helped me to live with more peace, joy, or compassion. In this book I was reading about the importance of looking at all situations in a higher way and finding the good in them, about the importance of self love, self respect, self esteem, gratitude, higher purpose, how to experience more inner peace, balance, security, clarity, and freedom in my life. These concepts and subjects are among the most important things anyone can learn about living and life and \*none of it was being taught in schools!\*If you have

never read any of Sanaya's books before and are new to the metaphysical field, this book is a great place to start. It discusses down to earth applicable knowledge without dabbling in esoterics. It is completely devoid of dogma and is not based in any religion or philosophy. A good complement to this book (for me) has been the Conversations with God (CWG) series by Neale Donald Walsch. While Sanaya/Orin speaks of many practical things you can do to make your everyday life work in higher ways, CWG has an in-depth metaphysical discussion of broader spiritual topics. Beware though, these books (the CWG series) may be deep waters for some... if you are not prepared to be challenged in your beliefs and the way you see the world, bring scuba gear or steer clear. I highly recommend both this and all of Sanaya's books.

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